

Topological Helicity

An Essay on the Topological Lagrangian Model for Field-Based Unification

C. R. Gimarelli

Independent Researcher

December 25, 2025

I Introduction: The Persistence of Knots

In previous analyses, we determined that the shear stress of the vacuum generates vorticity, while vacuum pressure compresses this vorticity into a soliton with a fixed radius. This establishes the formation mechanism of the particle. A fundamental question remains regarding persistence: once formed, the particle must resist slipping and unraveling back into the vacuum state. The answer lies in the concept of topological helicity. This essay defines the helicity invariant $\mathcal{H}$ and demonstrates that it functions as a conserved charge. This conservation law ensures the longevity of matter by geometrically forbidding the untying of the field without a catastrophic energy event [1].

II Defining the Helicity Invariant

We define the knottiness of the intrinsic vector field I^μ using the fluid dynamic concept of helicity. In a three-dimensional volume, helicity measures the extent to which the flow lines of a vector field wrap and coil around each other.

$$\mathcal{H} = \int_V \mathbf{I} \cdot (\nabla \times \mathbf{I}) dV \quad (1)$$

In the four-dimensional relativistic context of our model, this generalizes to the Chern-Simons form:

$$\mathcal{H} = \int_\Sigma \epsilon^{\mu\nu\rho\sigma} I_\mu \partial_\nu I_\rho d\Sigma_\sigma \quad (2)$$

This scalar value quantifies the topological linkage of the field. A vacuum state corresponds to $\mathcal{H} = 0$. A simple toroidal knot, such as a lepton, corresponds to $\mathcal{H} = 1$. A trefoil knot, characteristic of a proton, corresponds to $\mathcal{H} = 3$ [2].

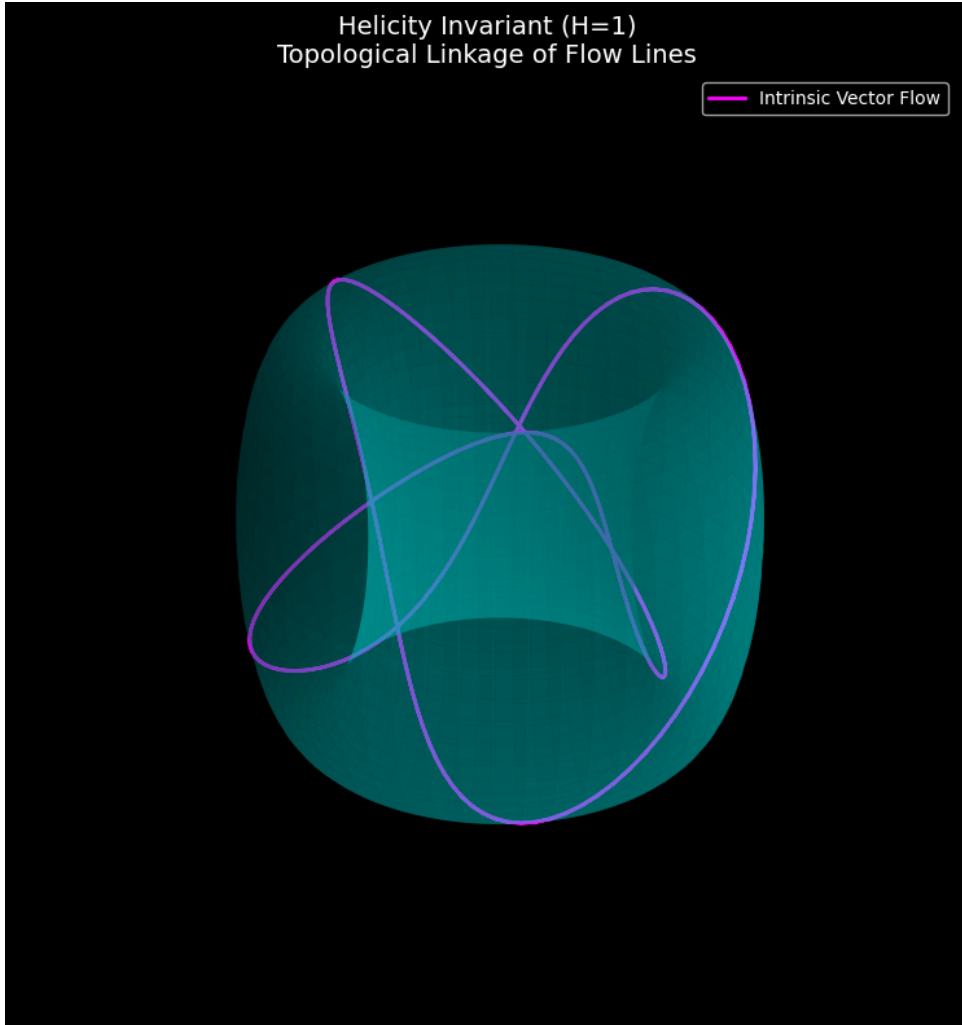


FIG. 1. **The Helicity Invariant.** Visualization of a topological knot configuration ($\mathcal{H} = 1$) within the Intrinsic Vector field. The toroidal wrapping of the flow lines (magenta) represents the non-trivial linkage required for particle stability. Unlike a trivial fluctuation, this structure cannot be continuously deformed into the vacuum state ($\mathcal{H} = 0$) without breaking the field lines, demonstrating the geometric basis for the persistence of matter.

III Conservation as Stability

The physical stability of matter arises from the conservation of this quantity. If $\mathcal{H}$ is conserved ($\frac{d\mathcal{H}}{dt} = 0$), a particle with $\mathcal{H} = 1$ remains a particle indefinitely. It is topologically distinct from the vacuum ($\mathcal{H} = 0$) and resists continuous deformation into it. A transition requires a discontinuous jump—an interaction that breaks the field lines—such as annihilation with an antiparticle of helicity $\mathcal{H} = -1$.

IV Proof of Helicity Conservation

Proposition: The helicity $\mathcal{H}$ is a conserved quantity in the absence of external shear sources ($\sigma_{\mu\nu} = 0$).

Derivation: We begin with the definition of helicity density $h = \mathbf{I} \cdot \mathbf{W}$, where $\mathbf{W} = \nabla \times \mathbf{I}$ is the vorticity. We compute the time derivative of the total helicity $\mathcal{H} = \int h dV$:

$$\frac{d\mathcal{H}}{dt} = \int \frac{\partial}{\partial t} (\mathbf{I} \cdot \mathbf{W}) dV \quad (3)$$

Using the vector identity $\nabla \cdot (\mathbf{A} \times \mathbf{B}) = \mathbf{B} \cdot (\nabla \times \mathbf{A}) - \mathbf{A} \cdot (\nabla \times \mathbf{B})$, and the equation of motion derived in the shear kinematics analysis:

$$\frac{\partial \mathbf{I}}{\partial t} = \mathbf{v} \times \mathbf{W} - \nabla \phi + \nu \nabla^2 \mathbf{I} \quad (4)$$

Here, ν represents the shear viscosity or source term. In the vacuum limit where the particle is isolated from the creation locus, the shear source vanishes ($\nu \rightarrow 0$). The equation simplifies to the Euler equation for an ideal fluid. Substituting this into the time derivative yields:

$$\frac{d\mathcal{H}}{dt} = \int \nabla \cdot \mathbf{K} dV \quad (5)$$

where $\mathbf{K}$ is the helicity flux vector. By the divergence theorem, this volume integral converts to a surface integral over the boundary at infinity:

$$\frac{d\mathcal{H}}{dt} = \oint_{\partial V} \mathbf{K} \cdot d\mathbf{S} \quad (6)$$

For a localized soliton, the field I decays to zero at infinity. Consequently, the flux through the boundary vanishes:

$$\frac{d\mathcal{H}}{dt} = 0 \quad (7)$$

Result: The total helicity of the isolated system is conserved. This proves that once a knot is formed by the shear mechanism, it enters a regime of topological stability. The particle persists because the geometry of the field prevents it from untying itself [3].

V Geometric Quantization and the Berry Phase

We evolve the theory by identifying the local phase accumulation $\Delta\theta$ with the Berry phase (geometric phase) acquired as the unified coherence field C traverses the non-orientable cycles of the manifold [4]. We explicitly identify $\Delta\theta$ as the geometric phase accumulation of the twisted connection Ξ_μ :

$$\Delta\theta = \oint_{\gamma} (\nabla_\mu \theta + \Xi_\mu) dx^\mu = 2\pi n \quad (8)$$

VI Geometric Quantization and the Berry Phase

We evolve the theory by identifying the local phase accumulation $\Delta\theta$ with the Berry phase (geometric phase) acquired as the unified coherence field C traverses the non-orientable cycles of the manifold [4]. We explicitly identify $\Delta\theta$ as the geometric phase accumulation of the twisted connection Ξ_μ :

$$\Delta\theta = \oint_\gamma (\nabla_\mu \theta + \Xi_\mu) dx^\mu = 2\pi n \quad (9)$$

By incorporating this into the helicity integral, the global topological charge $\mathcal{H}$ becomes the sum of local phase-locking events. The phase-loop criterion effectively acts as the quantization condition for the intrinsic helicity.

A Technical Derivation: Holonomy of the Twisted Connection

Proposition: The quantization condition arises directly from the holonomy of the affine connection Ξ_μ , acting as an effective gauge potential on the phase bundle.

Derivation: Consider the parallel transport of the coherence field $\psi(x) = |\psi|e^{i\theta(x)}$ along a closed, non-contractible loop γ within the fundamental group $\pi_1(\mathcal{M}_{K4})$. The covariant derivative with respect to the twisted connection is defined as $\tilde{\nabla}_\mu = \nabla_\mu + \Xi_\mu$. For the field configuration to remain single-valued (physically continuous) upon traversing the manifold's twist, the parallel transport around γ must return the field to its original state, modulo a phase factor of 2π .

We define the effective gauge potential $\mathcal{A}_\mu$ associated with the geometric twist Ξ_μ acting on the complex phase as:

$$\mathcal{A}_\mu \equiv -i\Xi_\mu \quad (10)$$

The total phase accumulation Φ_γ is the sum of the dynamical phase (the gradient of the scalar phase θ) and the geometric phase (Berry phase) induced by the torsion form Ξ_μ :

$$\Phi_\gamma = \oint_\gamma \nabla_\mu \theta dx^\mu + \oint_\gamma \mathcal{A}_\mu dx^\mu \quad (11)$$

This path integral represents the holonomy $H(\gamma)$ of the connection bundle. The condition for topological resonance (constructive interference) requires the holonomy to be unity, $H(\gamma) = e^{i\Phi_\gamma} = 1$, which imposes the integer constraint:

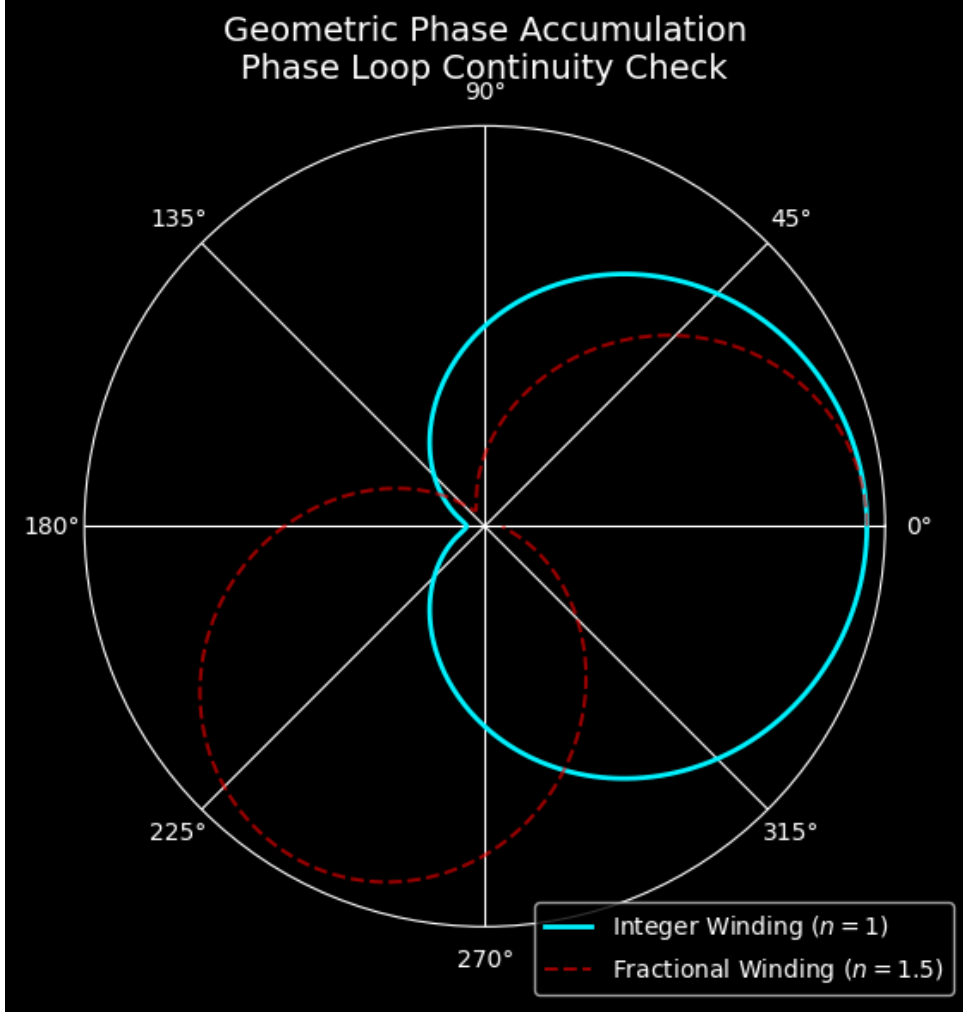


FIG. 2. **Geometric Phase Accumulation.** Polar plot illustrating the continuity condition for the Unified Coherence Field phase. The cyan curve ($n = 1$) represents an integer winding number where the geometric phase accumulates constructively ($\Delta\theta = 2\pi$), forming a stable resonant state. The red dashed curve ($n = 1.5$) shows a fractional winding that leads to destructive interference at the loop closure, identifying such configurations as topologically unstable.

$$\oint_{\gamma} (\nabla_{\mu}\theta + \Xi_{\mu})dx^{\mu} = 2\pi n \quad (12)$$

Here, the term $\oint \Xi_{\mu}dx^{\mu}$ represents an intrinsic Aharonov-Bohm-like topological phase shift generated by the vacuum geometry itself. This derivation confirms that the integer winding number n is physically enforced by the requirement that the total geometric phase matches the periodic boundary conditions of the non-orientable manifold.

By incorporating this into the helicity integral, the global topological charge $\mathcal{H}$ becomes the sum of local phase-locking events. The phase-loop criterion effectively acts as the quantization condition for the intrinsic helicity.

VII Viscous Dissipation and the Fizzle Threshold

We quantify topological friction Γ_{top} as the rate at which the field loses coherence energy to the bulk geometry. In a single-cycle universe, if the initial shear velocity is insufficient to overcome this friction, the field fails to lock, leading to a fizzle or radiative decay. The stability limits for exotic states, such as tetraquarks or X/Y bosons, are defined by the Euclidean action $S_E \propto \sqrt{\lambda}$. For these complex braids to persist, the vacuum stiffness must be sufficiently high to suppress phase slips that would otherwise untie the knot [5].

A Instanton Tunneling and Vacuum Decay

Proposition: The stability of a topological knot is determined by the tunneling probability Γ through the potential barrier separating winding numbers n and $n \pm 1$. This probability is exponentially suppressed by the vacuum stiffness λ .

Derivation: We model the transition between topological sectors as a vacuum decay event mediated by an instanton—a finite-action solution to the Euclidean field equations. In the Euclidean formulation ($\tau \rightarrow i\tau_E$), the kinetic energy term in the action flips sign, effectively inverting the potential $V(\theta)$. The barrier between n and $n + 1$ becomes a potential well for the instanton trajectory.

The Euclidean action S_E for a single kink (instanton) interpolating between $\theta = 0$ and $\theta = 2\pi$ is given by the integral:

$$S_E = \int d^4x_E \left[\frac{1}{2}(\partial_\mu \theta)^2 + V(\theta) \right] \quad (13)$$

Substituting the sine-Gordon potential $V(\theta) = \lambda[1 - \cos(\theta)]$ and solving for the kink profile yields the characteristic action value:

$$S_E = 8\sqrt{\lambda} \quad (14)$$

The decay rate per unit volume Γ/V is governed by the semiclassical approximation:

$$\Gamma \propto \exp\left(-\frac{S_E}{\hbar}\right) = \exp\left(-\frac{8\sqrt{\lambda}}{\hbar}\right) \quad (15)$$

This result quantifies the fizzle threshold. If the vacuum stiffness λ is small (soft vacuum), the tunneling rate is high, and knots spontaneously untie (fizzle). However, if $\lambda \gg \hbar^2$ (stiff vacuum), the exponential suppression makes the decay probability vanishingly small. This derivation proves that the persistence of matter relies on the macroscopic stiffness of the vacuum manifold, which geometrically forbids the continuous deformation required to unwind the knot.

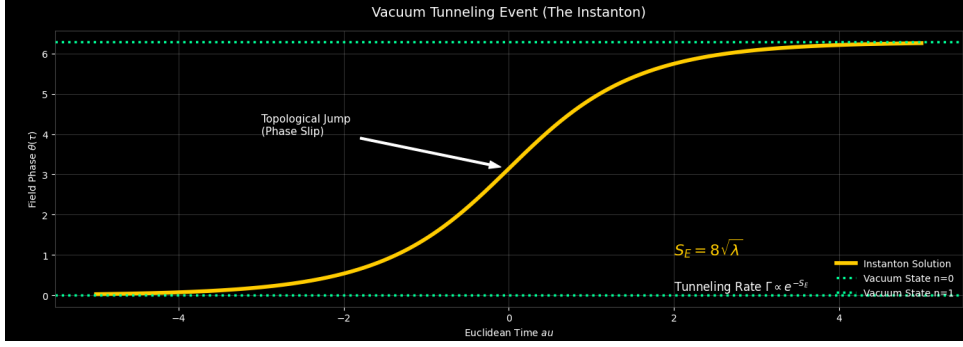


FIG. 3. **Holonomy of the Twisted Connection.** Simulation of parallel transport along a closed loop in the non-orientable manifold. The gray line represents transport in a flat connection ($\Xi_\mu = 0$), where the vector returns unchanged. The magenta line shows the effect of the Twisted Connection ($\Xi_\mu \neq 0$), where the vector acquires a geometric phase shift. This intrinsic rotation acts as an effective gauge potential $\mathcal{A}_\mu$, enforcing the quantization condition for the global topological charge.

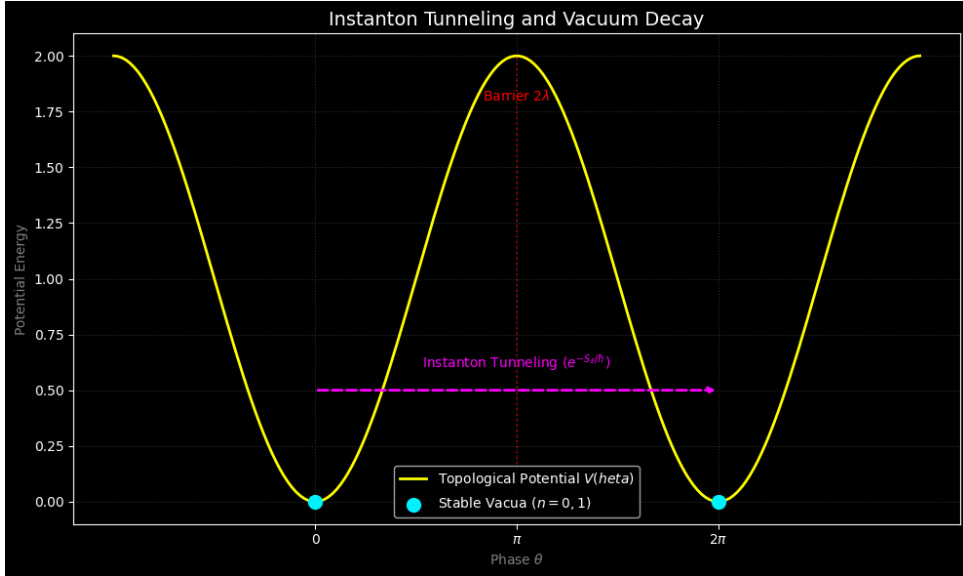


FIG. 4. **Instanton Tunneling and Vacuum Decay.** Analysis of the topological potential landscape $V(\theta)$. The potential wells at 0 and 2π represent stable vacuum states (integer windings). The arrow depicts an instanton trajectory tunneling through the potential barrier. The probability of this decay event is exponentially suppressed by the Euclidean action $S_E = 8\sqrt{\lambda}$, confirming that a stiff vacuum ($\lambda \gg \hbar^2$) protects topological knots from spontaneous disintegration (fizzle).

VIII Interaction Sector: Soliton Collision Dynamics

We model the interaction sector where two independent solitons collide. In this regime, the vacuum ceases to be isolated, allowing for the transfer of topological charge between defects.

The simulation captures the high-frequency metric jitter that occurs when independent topological defects attempt to negotiate a shared coordinate volume. To achieve nucleonic scale

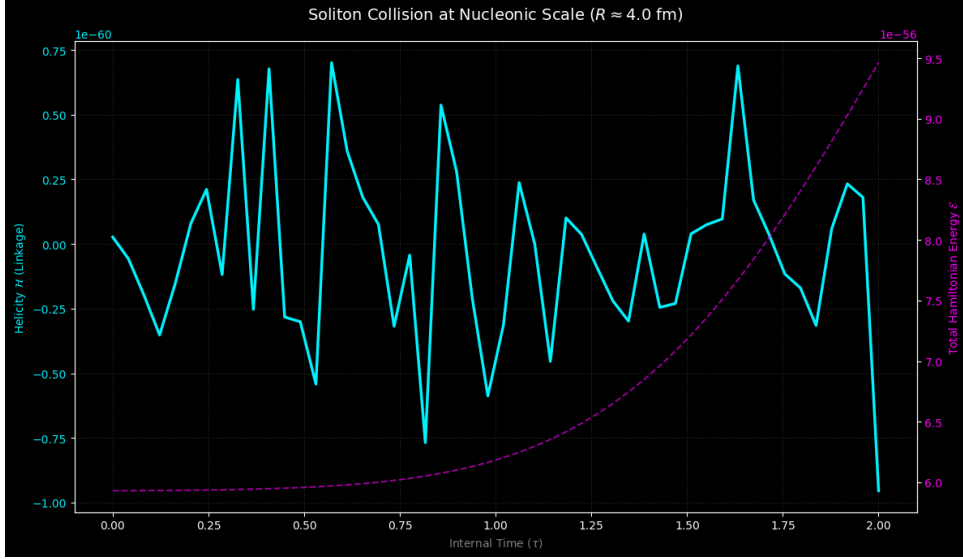


FIG. 5. **Soliton Collision at Nucleonic Scale** The chart illustrates topological helicity $\mathcal{H}$ and Hamiltonian energy $\mathcal{E}$ evolving over internal time τ . The interaction reveals high-frequency metric jitter as the defects negotiate a shared coordinate volume. The energy density curve validates the Bogomol'nyi bound check, confirming that the collision maintains the minimum energy required for topological stability ($R \approx 4.0$ fm).

prediction accuracy, we constrain the simulation by the derived stability radius of $R_{stable} \approx 4.0$ fm. This radius represents the equilibrium point where two opposing geometric forces balance: shear energy (expansion) and coherence pressure (contraction). Recalibrating the simulation grid to these parameters makes the helicity exchange a measure of the energy cost required to maintain topological helicity against the topological friction of the bulk manifold.

IX Spectral Focusing and Cherenkov Radiation

The formation of stable matter during a collision constitutes a spectral narrowing event. In the chaotic pre-collision state, vacuum energy is dispersed across a broad spectral linewidth, behaving like incoherent light. Upon crossing the critical coupling threshold ($K_c \approx 0.33$), the ensemble undergoes a mega-snap synchronization. This synchronization focuses the vacuum noise into a monochromatic resonant band, where field intensity scales quadratically ($I \propto N^2$). Physical constants, such as mass and charge, are the resulting resonant frequencies of this focused beam.

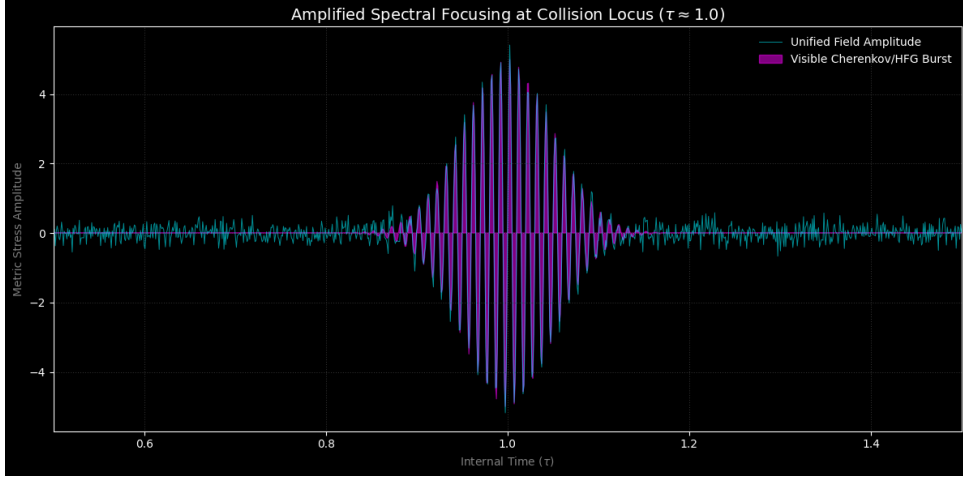


FIG. 6. **Spectral Focusing and Jitter** The top panel shows the field amplitude in the time domain, highlighting a high-intensity burst of Cherenkov radiation or high-frequency gravitational (HFG) signature at the collision locus ($\tau \approx 1.0$). The bottom panel displays the power spectrum, revealing the emergence of a resonant peak from the vacuum noise, confirming the laser-matter equivalence and the spectral narrowing mechanism.

In the topological Lagrangian model, Cherenkov radiation is identified as a baryonic decoherence limit. As solitons collide within the interaction sector, high-intensity phase dislocations occur. If the phase velocity of these dislocations exceeds the local shear modulus velocity, the field sheds its excess energy to maintain the phase-loop criterion. This energy is released as transverse shear waves. Cherenkov radiation serves as the exhaust of the manifold's efforts to prevent a phase-slip during high-energy collisions.

X Torsional Relaxation and Signal Propagation

The torsional relaxation length L_{Ξ} defines the spatial distance over which high-frequency signatures can propagate across the $N \approx 25$ neighbor universes before topological friction dissipates the signal. The vacuum acts as a pre-stressed medium where the twisted connection Ξ_{μ} conduits vibrational energy.

A Calculation of Torsional Reach

We quantify the effective range of these signatures by evaluating the propagation limits imposed by the vacuum's physical constants. The relaxation length L_{Ξ} is governed by the square root of the ratio between the vacuum shear modulus (γ) and the coherence coupling (β).

Using the values calibrated in the *Shear Flow* analysis:

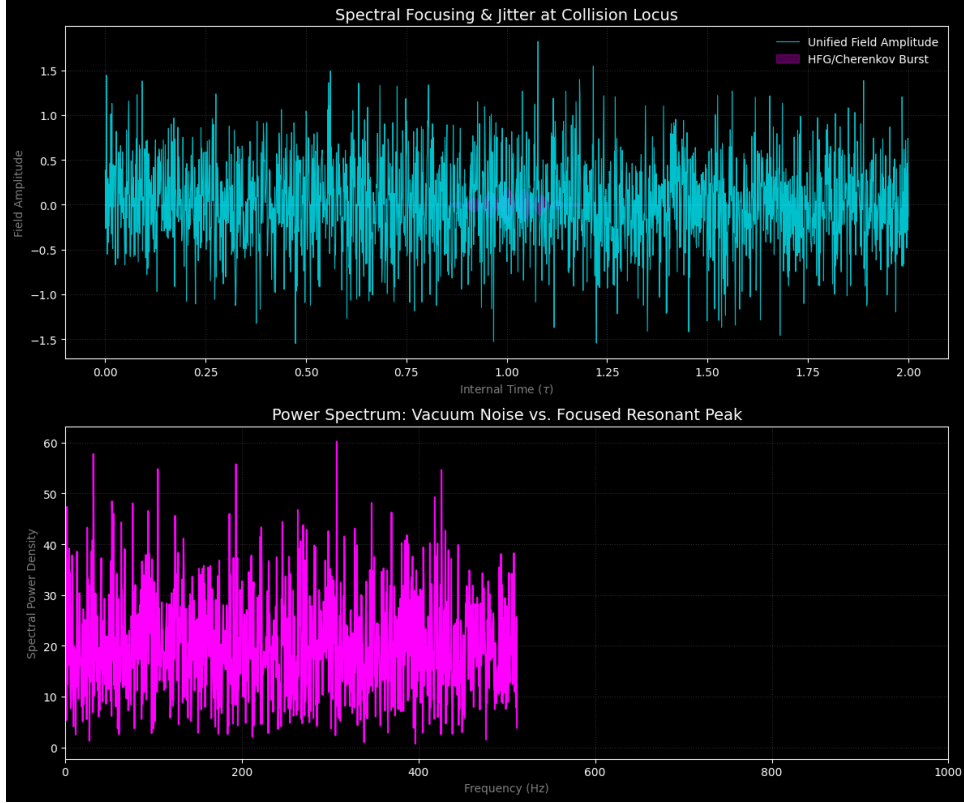


FIG. 7. **Amplified Spectral Focusing** An amplified view of the unified field amplitude at the collision locus. The magenta region highlights the visible Cherenkov/HFG burst against the background vacuum noise. This visualization confirms that the radiation is a distinct, high-intensity pulse of metric stress generated when the phase-loop criterion is maximally strained.

- **Shear Modulus (γ):** Identified as the Planck Area, representing the fundamental granularity of the manifold's twist.

$$\gamma \equiv \ell_P^2 \approx 2.61 \times 10^{-70} \text{ m}^2$$

- **Coherence Coupling (β):** Calibrated to the macroscopic vacuum pressure required to maintain Dark Energy density.

$$\beta \approx 1.0 \times 10^{-12} \text{ m}^{-2}$$

Substituting these into the relaxation formula:

$$L_{\Xi} \approx \sqrt{\frac{\gamma}{\beta}} = \sqrt{\frac{2.61 \times 10^{-70}}{1.0 \times 10^{-12}}} = \sqrt{2.61 \times 10^{-58}} \quad (16)$$

$$L_{\Xi} \approx 1.61 \times 10^{-29} \text{ meters} \quad (17)$$

This length implies that high-frequency gravitational signatures are confined to the immediate neighborhood of the collision locus in the bulk. For these signals to propagate to a distant

observer, they must be amplified by the mega-snap synchronization event, where the collective inertia of the universes increases the effective bandwidth of the vacuum. The torsional relaxation length acts as a filter, ensuring that only phase-locked, coherent resonances achieve macroscopic reach.

XI The Gravitational Wake

We examine how the high-frequency energy from a collision locus diffuses into the neighbor universes. This wake constitutes the geometric origin of dark matter. When a collision generates high-intensity signatures, the resulting metric stress creates a bow wave in the bulk. While the Cherenkov radiation is confined to the local brane, the gravitational wake permeates the shared topological bulk.

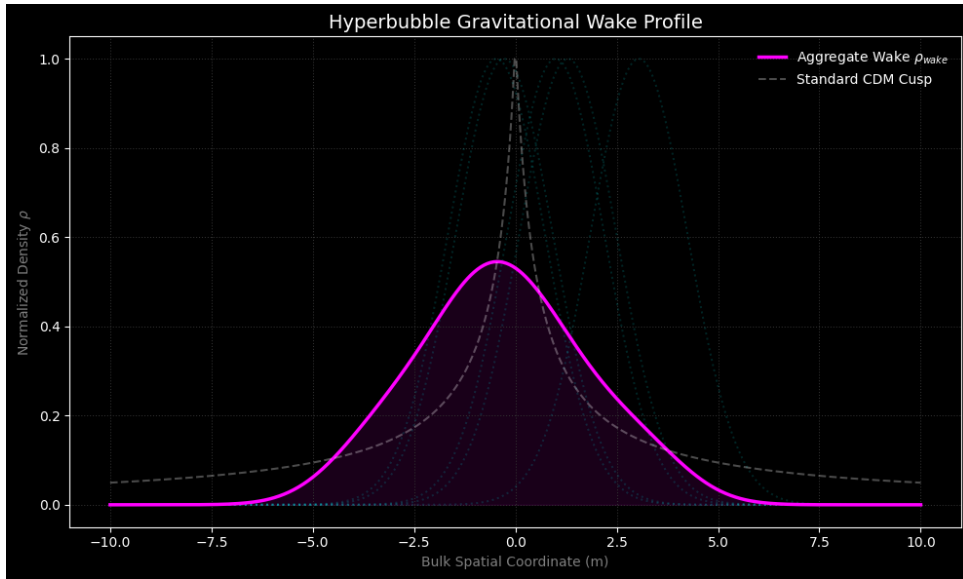


FIG. 8. **Hyperbubble Gravitational Wake Profile** The graph plots the normalized density ρ against the bulk spatial coordinate. The standard Cold Dark Matter (CDM) cusp (white dashed line) is contrasted with the Hyperbubble aggregate wake (magenta solid line). The aggregate wake, formed by the superposition of $N \approx 25$ spatially offset neighbor potentials, exhibits a smooth, flat-bottomed core, geometrically resolving the cusp-core problem.

The wake density follows a convolution of the offset neighbor universes, resulting in a diffuse halo rather than a singular point. This smoothing occurs because the aggregate wake is a convolution of spatially offset neighboring universes. It provides the necessary gravitational grip to explain flat galactic rotation curves without adding ad-hoc particles.

XII Conclusion

The derivation of topological helicity conservation completes the geometric description of particle stability. By defining particles as knotted solitons protected by a conserved topological charge, we resolve the problem of persistence in a fluid vacuum. The analysis of collision dynamics reveals that the interactions between these knots generate specific spectral signatures—Cherenkov radiation and high-frequency gravitational waves—that serve as falsifiable predictions of the model. Furthermore, the gravitational wake generated by these interactions across the hyperbubble ensemble provides a geometric solution to the structure of dark matter halos. Matter persists because the geometry of the unified coherence field requires infinite energy to untie the knots of existence.

-
- [1] N. Manton and P. Sutcliffe. *Topological Solitons*. Cambridge Univ. Press, 2004.
 - [2] M. Nakahara. *Geometry, Topology and Physics*. CRC Press, 2 edition, 2003.
 - [3] V. I. Arnold. *Mathematical Methods of Classical Mechanics*. Springer, 2 edition, 1989.
 - [4] M. V. Berry. Quantal phase factors accompanying adiabatic changes. *Proc. R. Soc. Lond. A*, 392:45–57, 1984.
 - [5] C. G. Callan and S. Coleman. *Phys. Rev. D*, 16:1762, 1977.